

# Amber M. Weller

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## EDUCATION

### University of Denver-Denver, Colorado

June 2012

Master of Social Work, Interpersonal Trauma Studies Certificate.

- **Related Coursework:** Assessment Mental Health in Adults, Interventions in Child & Adolescent Mental Health, Prevention & Treatment of Youth Violence & Adolescent Substance Abuse, Intervention for Response to Trauma School Based Prevention.

### University of Nevada Reno-Reno, Nevada

2006-2011

Bachelor of Social Science in Social Work; Minor/Certificate in Substance Abuse/Addictions and Psychology

## LICENSURE/CERTIFICATION

Nevada Board of Examiners for Social Workers

- Licensed Clinical Social Work Worker Number 6821-C

## EXPERIENCE

### *Chronic Pain Behavioral Health-Nevada Advanced Pain Specialists* Reno, NV

July 2015-Current

#### **Outpatient Pain Mental Health/Addiction Therapist**

- Developed chronic pain mental health services within an established medical practice to ensure comprehensive care is provided.
- Utilize the multidimensional bio-psycho-social model of care to integrate the biological, medical, social, religious/spiritual, psychological, and cognitive/behavioral dimensions and ensure interdisciplinary team understanding and incorporate into treatment planning.
- Administer screenings such as the MSQS and/or BAP to facilitate in the screening of mental health/addiction disorders and identify areas of concern or risk.
- Complete individual psychosocial assessments, treatment planning, screening medical records, monitoring of medication compliance, care coordination and community resource referral.
- Provide individual and group treatment utilizing interventions such as CBT, ACT, and DBT.

### *Outpatient Co-Occurring Therapist- Family Counseling Service-* Reno, NV

June 2013-December 2014

#### **Clinical Social Work Intern/LCSW-Therapist**

- Facilitated and co-facilitated Level II.1 (Intensive Outpatient) Co-Occurring (mental health and drug/alcohol) group therapy 4 days a week, 3 hours a day.
- Provided individual treatment to a caseload of 15-20 middle to low income adults/adolescents with mental health and/or substance use disorders, using evidenced based best practice interventions.
- Created individualized treatment plans based on client needs and own goals for treatment.
- Completed individual psychosocial assessments and when appropriate supplied them and monthly reports to court services, P&P, Washoe County Social Services, etc.
- Coordinated and facilitated the Summer of Healing Camp for youth ages 6-18 who have been victims of sexual abuse. Organized community volunteers and provided leadership skills while at camp to ensure a safe and effective camp.

### *Inpatient Psychiatric Unit & Chemical Dependency-West Hills Hospital-* Reno, NV

August 2012-September 2013

#### **Clinical Social Work Intern-Therapist**

- Provided intensive individual, family and group therapy to a caseload of 15-30 chronically mentally ill adults, adolescents, pediatrics, and substance abuse disorder (detox and rehab) patients on a daily basis utilizing developmentally, emotionally, and best practice interventions and theories.
- Facilitated 3 hour intensive outpatient group therapy to 5-7 adults, ages 20-65, with a mental health disorder which included 2 hours of process/psychotherapy and 1 hour of psychoeducation 4 times a week.
- Facilitated multidisciplinary treatment team staffing 2 times a week and developed, reviewed and maintained master treatment plans for approximately 15-30 patients.
- Engaged in crisis intervention daily in attempt to deescalate immediate dangerous safety and mental health concerns.
- Assist with case management and safe discharge planning to each individual to ensure safe and appropriate outpatient follow-up treatment for continuing care.

### *In-home Individual and Family Therapy-Maple Star-* Reno, NV

November 2012-March 2013

#### **Clinical Social Work Intern-Therapist**

- Provided clinical interventions in-home to 4 families and 4 adolescents with 3 of them experiencing significant developmental, emotional, and behavioral delays.
- Engaged in assessment/diagnosis, development and implementation of treatment plans, CASII scoring, and submission of reviews for request of continued services.

**Master Level Social Work Intern**

- Conducted bio/psycho/social assessments with children and adolescents, ages 8-17, with significant emotional and behavioral health issues on a multidimensional team including psychiatrists, psychologists, LCSWs, medical students, and nurses.
- Provided intensive therapeutic treatment such as CBT, motivational interviewing, DBT etc. to roughly 50-55 individuals and families in crisis 1-2 hours a day, 3 days a week.
- Created individualized treatment plans, built bridging relationships with schools and community health agencies for outpatient care after discharge customized for each patient.
- Led 6 and co-facilitated 28 Dialectical Behavioral Therapy groups to develop skills including mindfulness, emotional regulation, distress tolerance, and interpersonal effectiveness with 12 adolescents on a weekly basis.

*Weller Resume p.2*

**Victim Service Unit –Reno Police Department- Reno, NV**

**August 2010 – May 2011**

**Social Work Intern Advocate**

- Provided emergency crisis intervention services to approximately 20-30 victims of domestic violence, elder/child abuse, sexual violence, or other forms of violent/heinous acts of crime.
- Established 5-10 Temporary Protection Orders for victims and submitted approximately 15 Victim's of Crime Compensation Assistance referrals.
- Attended Nevada's Coalition Against Sexual Violence 2-day training.
- Developed and maintained relationships and excellent rapport with cross social service agencies and other helping professionals by providing victims with resources and referrals to help provide safety and necessities after a traumatic event 3 days a week for 8 months.
- Collaborated and staffed 4-5 cases monthly for 8 months with the Multi Dimensional Team Committee to provide older victimized community members services; created Excel spread sheet to track cases staffed during meetings.

**Quest Counseling – Reno, NV**

**January 2010 – May 2010**

**Substance Abuse and Addiction Intern**

- Completed 7-10 in-take assessments for adolescents referred for substance abuse treatment through juvenile services or family.
- Co-facilitated about 10-16 substance abuse treatment groups for adolescents over course of 4 months
- Managed own caseload for individual counseling to include motivational interviewing.
- Utilized agency's program NHIPPS to track client's progress to help show support for grants
- Attended drug-court to familiarize self with juvenile system and probation.
- Co-facilitated a prevention drug and alcohol class at a local middle school to 25-30 7<sup>th</sup>/8<sup>th</sup> graders.

**Family Counseling Services – Reno, NV**

**June 2010, 2012, 2013, 2014**

**Camp Counselor**

- Supervised 17, 6-18 year old female sexual assault survivors at a residential treatment camp for 7 days, 24 hours a day while facilitating the healing of trauma.
- Demonstrated and supported healthy relationship building by maintaining a mentor position and facilitating therapeutic activities such as swimming, hiking, biking, arts/crafts, sports, mock court trials and group counseling.

**Safe Embrace Domestic Violence Shelter-Reno, NV**

**Social Work Volunteer**

**October-November 2009**

- Assessed victims of domestic violence and assisted with case management services to link victim to resources.
- Performed office assistant duties such as filing and sorting papers, donations, and sending out mail for fundraising.
- Observed an inmate education class on power and control at the Washoe County jail.

**Burning Man-Black Rock Dessert, NV**

**August 2013**

**Clinical Intervention Team Volunteer**

- Worked in collaboration with Black Rock Rangers to assess personal safety/well being for 4 adult individuals.
- Provided support and resources to ensure individuals were safe to return to their individual camps.
- Engaged in daily team meetings to debrief previous days' events and gain resources that may have not been thought of during time of intervention.
- Provided follow up to individuals that had been in need of previous assistance.

in a Multidisciplinary Team; Diagnose using the DSM-IV, Americorps Member 2011